

# CHRIS'LL DEAL WITH IT

episode notes




## EP 35 - Principle #3 - Relentlessly seek knowledge

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This is part 3 of our summer PRINCIPLES series. It can be listened to by itself, but for greater context refer back to the intro Episode #32.

Note that the principles in this series are what work for me. They allow me to thrive and live my values as best as I can. I'm not advocating the adoption of my specific set of principles. Rather I'm attempting to showcase the power of principles by providing more context on how they can be defined, codified, and embedded into the thoughts & actions of our lives.

### Principle #3 - Relentlessly seek knowledge

#### Where does the principle come from?

- The growth of our knowledge is crucial to becoming an increasingly self-realized, effective member of society.

- The principle reflects the desire to be more useful, able to improve the returns on all the resources required for our existence up to the current moment.
- Adding the word relentless was important to me: It signals the wish to never grow stagnant. Not to allow a mentality to evolve where I know everything I need to know.
- There are always new angles to known phenomenon, new ideas to be evaluated, new connections between concepts to be explored.

## Why is it important?

- Speaking of exploring: Seeking knowledge is an adventure. A journey that should last a lifetime, regardless of the directions travelled or destinations visited.
- Gaining knowledge comes in many forms:
  - Books (fiction & non-fiction)
  - Courses
  - Lived experiences
  - Repeated practice
  - Reflection
  - Mentorship
  - ... and more
- Knowledge is not just intellectual. There's also physical, tactile, emotional, and spiritual intelligence.

## How does living it impact myself & others?

- The impact of knowledge is allowing actions that have greater impact on other's lives
- This in turn can bring more meaning to our own life
- The gaining of knowledge can also take the form of failures: It's critical for us to get feedback on our impact from others, so we can grow in different directions.
- Sharing our knowledge helps others extend their capacity to accomplish more - while also being a great way to help ourselves better understand the material being

taught.

- Knowledge of the internal self is as important as the world outside:
  - There's value to learning how our engine works, just as there's value to improving our knowledge of the roads & environments through which we drive.

## What does living the principle look like in action?

- This principle is focused on knowledge, not just the amassing of data.
- Knowledge demands discernment: True understanding of the information.
  - This means putting it into practice, attempting to use it.
  - Experimenting, deciding on the usefulness of it.
- This principle lends itself to a mindset of maintaining curiosity - asking questions, being inquisitive, taking notes
- I talked about idea capture systems back in the very first episode
  - This is something I feel is critical to synthesizing all the various kinds of knowledge we gain.
  - A good system also helps us leverage this knowledge in greater ways - especially if it has a good search feature.
- Lastly, this principle helps us stay open to outside ideas - a concept which will lead us into **Principle #4: Everyone has something to teach**

### Episode 35 Quote:

Sadly, I don't know the source so can't give the credit, but it's a great reminder to share our knowledge with the world:

*Knowledge is something you can give away and never lose*